



# Our participatory approach

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# Why did we take a participatory approach?

- Lived experience confers its own forms of knowledge and expertise
- People living on low incomes are typically excluded from debate about social security
- Participatory approaches can facilitate alternative narratives and new ideas
- The context – unprecedented. Made sense to work things out collaboratively.

# What did we do?

- Underpinned by feminist ethics of care and reciprocity
- Online research platform and online diaries
- Big Question of the Week – topical video-elicited questions
- Big Ideas Group – online participatory discussion groups
- Arts based activities – zine making, writing, audio clips
- Dissemination and media – media training, peer support

## MESSAGES



Next week we will launch our final report and present key findings from Covid Realities. We'd love it if you could join us!

Jan 17



See all messages

## THINGS TO DO



Add to **My diary**



Answer **Big question of the week**



Tell us **All about you**



Read the **Noticeboard**



Upload or **record audio**



Tell your friends

## MY CONTRIBUTIONS

# What needs to change to embed participation?

<https://covidrealities.org/>

- Covid Realities offers one lesson in what is possible – we can more confident
- Increase awareness of the strengths and possibilities of participation
- Educate and train people and organisations in the approach
- Funders can be more open and supportive
- Create spaces and opportunities for participation – give up power



# Zine Images



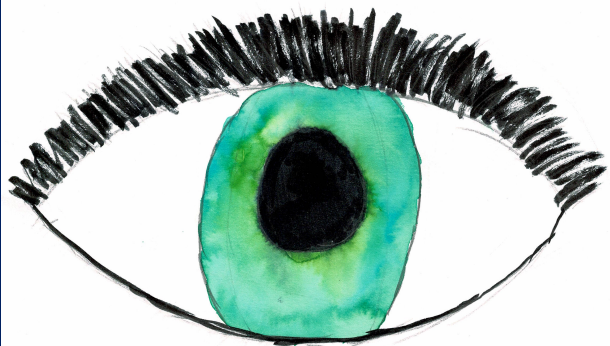
look

you

us

SEE

?



Amelia



Stop  
this.

